There you have created two stitches out of one! And you have worked a two-needle cast on stitch!

Now just continue casting on knitting stitches until you have the amount of stitches you need.

Congratulations!!!

Once you feel you have a grasp on this section feel free to move onto STEP 2: KNITTING

About our CAMPUS ACCESSIBLE TECH SPACE

We are located at L212 on the second floor of Mills Library near to elevator two, left of the LAS office through the keycard-accessible door.

In the fall of 2018, Mills Library opened the doors to our new Assistive Technology Lab which was named, Campus Accessible Tech Space (or CATS) shortly thereafter through a student naming contest. We seek to provide equitable resources, facilities, and services to foster dignity and independence for members of McMaster University.

Our CATS space is only available to students who have formally registered with SAS. While anyone is welcome to drop in during office hours, to ensure confidentiality, availability, and uninterrupted attention to your inquiries, we ask that you book an appointment by phone or email.

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1280 Main Street West
Hamilton ON L8S 4L6

How to knit a scarf—STEP 1: CASTING ON
Pictures and instructions paraphrased from Simple-Knitting.Com

CATS
Campus Accessible Tech Space
Mills Library L212
The Cast On Lesson

The knitted cast on has a few names like, two needle cast on and knit on cast on and maybe a few others too. It’s a great method to learn when you are learning how to knit because there’s a little bonus when you learn it. As you’re learning to cast on knitting stitches this way you’re also learning most of the steps for the knit stitch as well.

More interesting tidbits about the knit on cast on:

- Creates a fairly stretchy edge
- Creates two stitches out of one
- First row is easier to knit into than the single cast on method
- Useful when you need to add extra stitches in the middle of a row

Slipknot

1. To make a starting loop – fold the yarn to make a loop
2. Catch the yarn through the loop
3. Pull it through
4. Pull the ends to tighten the slip knot

Now all you are going to do is move the stitch on your right needle over to your left needle. So with your left needle just push it through the loop on your right needle from front to back and catch the stitch and slip it onto your left needle.

Insert your right needle into that first stitch (slip knot) from front to back.

With your working yarn (ball end) wrap the yarn around the right needle.

Snug it up a little but not too tight.

With the yarn still wrapped around your right needle slowly bring it through the loop on your left needle.

There. You just created a new stitch on your right needle.